

OUR MISSION

To help our clients achieve the highest level of health and well-being.

All calls are confidential



300 Congress Street
Suite 104
Quincy, MA 02169

Walking distance from the Quincy Adams Red Line Station



617-774-0331

or

800-878-2004



www.modernassistance.com



ARE THESE PROBLEMS AFFECTING YOU?



Using drugs or alcohol to cope



Feeling angry or irritable often



Not enjoying things like you used to



Trouble concentrating or making decisions



Drinking alcohol more than usual



Difficulty sleeping or feeling rested

**Modern Assistance:
We're here to help**

HELP WE OFFER

Individual therapy

Assessments and referrals

Detox placement

Intensive outpatient
program

Early recovery groups

Substance abuse
evaluations

Court and DOT
evaluations

Men's and women's anger
management programs

Modern Assistance
provides 1-1
counseling and
case management,
for you and your
dependents,
including support
for mental health,
substance abuse,
and work-life
balance



OUR COMPANY

Experienced

Over 30 years providing EAP,
substance abuse, and
mental health treatment

Dedicated

A team of licensed clinical
professionals

Available

On-call availability, 24
hours a day, 7 days a
week, 365 days per year

Treatment On-Demand

Same day assessment and
referral for detox and
mental health treatment

International

In-house Cantonese,
Mandarin, and Spanish
speaking staff. Referrals to
providers with language
and cultural specialities