

**Family Dynamics
Work-Life Balance
Communication
Boundaries
Understanding Trauma
Grief and Loss
Relationships and Codependency
Addiction
Financial Stress**



WOMEN'S GROUP

**Tuesdays 4pm-5pm
Hybrid- Virtual and In-person**

**MODERN ASSISTANCE PROGRAM
300 Congress Street Suite 104
Quincy, MA 02169**

**Join Zoom Meeting
Meeting ID: 868 6461 3579
Passcode: 279564**

**For Assistance Please contact
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